Book 4

The Days of Sayyidah Fatimah (a)

Project Booklet

Under the Guidance of Moulana Nabi R. Mir (Abidi)

Please recite a Sūrah al-Fātiḥah for
the sponsors of this project booklet.

Important dates in Jumādā al-Ūlā

5th	Wilādah of Lady Zaynab, daughter of Imām ʿAlī (ʿa) (by some traditions)
13th	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa) (by some traditions); beginning of Ayyām Fāṭimiyyah
15th	Wilādah of Imām Zaynul ʿĀbidīn (ʿa) (by some traditions)

Important dates in Jumādā al-Ākhirah

3rd	Shahādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)
13th	Wafāt of Ummul Banīn
20th	Wilādah of Sayyidah Fāṭimah az-Zahrāʾ (ʿa)

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Please recite a Sūrah al-Fātiḥah for the marḥūmīn of those
who contributed to this booklet.

INFORMATION AND INSPIRATION:

Shiite News: Martydom of Sayyida Fatimah and the Last Days of Her Life
al-islam.org
Islam from the Start: Surah Kawthar

Happy Craft: 3D Pop-up
Teaching Young Muslims: Titles of Bibi Fatemah Zahra (SA)
Meaningful Mama: Red Sea Craft
5 Minute Crafts: Mother's Day card

cover:
freepik.com
Calligraphy by Fatima

بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿalaykum,

May Allah (swt) bless you and your families.

I would like to extend our sincerest condolences to the Imām of our time, Imām al-Mahdī (ʿaj), our great marājiʿ and scholars, the Muslim ummah, and all the believers on the commemoration of Sayyidah Fāṭimah's shahādah.

In these days of the martyrdom of our beloved Noble Lady (ʿa), we should take time to learn about the different aspects of her life, such as her different titles. One's titles give insight into that person's values, strengths, and internal realities. Titles given by Allah (swt) hold a special weight and significance, and are a means of guidance. One of the titles given to Sayyidah Fāṭimah (ʿa) is al-Mubārakah — goodness that is pure and has a great effect, even if it comes from the smallest of quantities. This great lady lived a short life of only 18 years old, but how blessed her life was, bringing us here together in her love 1,400 years later.

She may have lived a short life, but the goodness that she instilled in her children was pure and continues to be a source of guidance for the Muslim ummah, hundreds of years after her death. It is through her lineage that today, the current and awaited Imām (ʿaj) lives on the same earth and breathes the same air that we do.

Jumādā al-Ūlā and Jumādā al-Ākhirah are the months of preparation and purification. These are the foundational months in which one has the opportunity to remove impurities in order to attain higher spiritual levels. They are considered full of immense goodness due to the birth and martyrdom of Sayyidah Fāṭimah az-Zahrāʾ (ʿa) falling within them. She is a mercy for the Noble Prophet (ṣ), who himself was a mercy for humankind. She was a mercy to him because she was considered a source of goodness from Allah (swt); it is said that if Allah (swt) wanted to create all the beauty and goodness in the form of a person, it would be Sayyidah Fāṭimah az-Zahrāʾ (ʿa).

Indeed, amongst her many great roles was her lofty role of mother to two Imāms (ʿa). From her, we learn about the honor and nobility that comes with the title of "mother," the heart of the household. A mother is truly a source of blessings and barakah, and as our ḥadīth tell us, Heaven lies under her feet. During these days, we remember the best of mothers, and we must give our mothers the true honor and respect of which they are worthy.

In honor of Sayyidah Fāṭimah (ʿa), we are pleased to launch the Days of Sayyidah Fāṭimah Project Booklet, which includes five lessons that help commemorate the greatest lady. Take these days as an opportunity to learn from the life of our beloved Noble Lady (ʿa) and remember to connect with one of her characteristics each day, so our children can build a long, life lasting connection to Sayyidah Zahrāʾ (a).

Jazākallāh khayra and best wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

al-Mubārakah - The Blessed One

Objective: Children will learn about the Days of Sayyidah Fāṭimah (ʿa) and one of her titles.

It is that time of the year where we remember our beloved lady, Sayyidah Fāṭimah (ʿa). Sadly, she only lived for a short time after her father, Prophet Muḥammad's death, and in that time she suffered terrible tragedies. There are two main traditions of her shahādah: 13th Jumādā al-Ūlā and 3rd Jumādā al-Ākhirah. The days in between these two dates are known as Ayyām Fāṭimiyyah—the Days of Sayyidah Fāṭimah (ʿa). During these days, we mourn for her by attending majālis and learn lessons from her characteristics.

One of Sayyidah Fāṭimah's titles is al-Mubārakah, which means "the blessed one." A blessing is something that may seem small, yet it has a huge impact. Sayyidah Fāṭimah's life is a great example of this. She did not have a very long life, but in just 18 years, she showed a great character and was the best example for not just women, but for all the believers.

Doing deeds for Allah (swt) makes even the smallest actions have a big effect. For example, giving ṣadaqah, being kind to others, and being kind to parents. These are all things that aren't very complicated or hard to do, but have a big reward. There is barakah in these actions because anything connected to Allah (swt) becomes mubārak, or blessed. Even some days have barakah, such as Eid and Friday, which is why we say "Eid Mubārak" and "Jumuʿah Mubārak" to each other on those days. Today, we'll make a craft that reminds us of the great blessings that come from small acts.

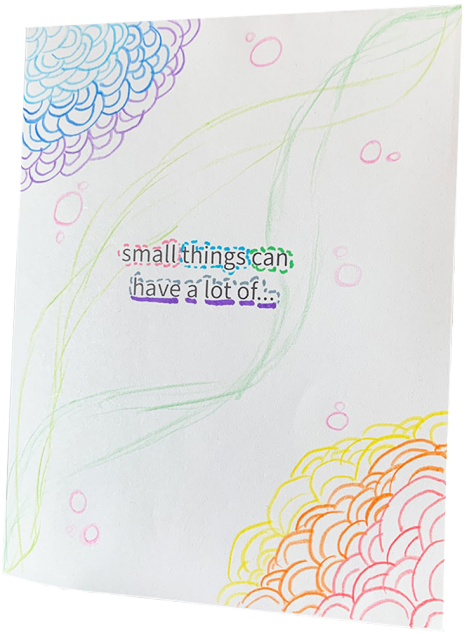
Blessings Pop Up Craft

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Pop up template
- Crayons/colored pencils
- Scissors

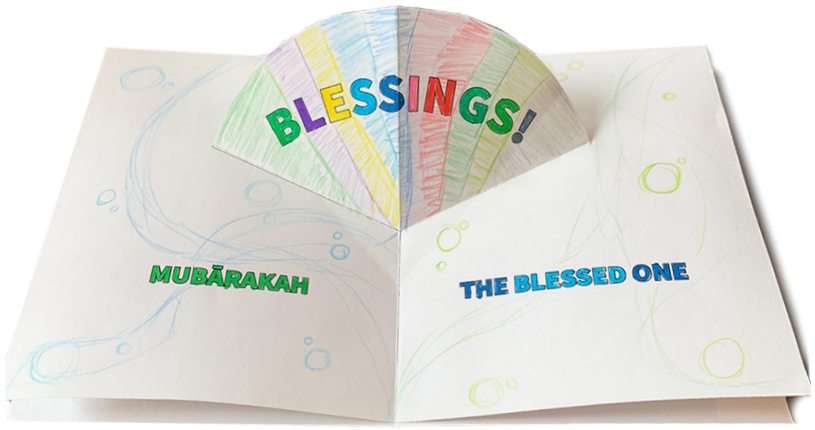


Procedure:

1. Color and decorate the template however you like.
2. Fold the template in half widthwise along the solid line.
3. Then fold it in half again, along the solid line. This should make 4 sections.
4. Now open the folds and fold in half longways along the existing fold. Be sure the curved dotted line is showing.

5. Carefully cut along the curved dotted line. Be sure to stop where the dotted line ends and do not cut more.
6. Now fold that curved flap along the thin solid diagonal line.
7. Open all of the folds and fold the paper again in half widthwise with the words and images showing.
8. Now fold in half again as if closing a card, with the curved pop up on the inside. You may have to fold the pop up part down along the diagonal lines.
9. When you open the card, it should pop up.
10. Finish coloring and decorating the craft however you like.

You can also watch this video by Happy Crafty to try it yourself.



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small acts can
have a lot of...

BLESSINGS!

AL-MUBĀRAKAH

THE BLESSED ONE

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Fāṭimah (ʿa) is a Part of Me

Objective: Children will learn a ḥadīth of the Prophet (ṣ) about Sayyidah Fāṭimah (ʿa).

During these days, we are remembering and mourning for Sayyidah Fāṭimah (ʿa), the daughter of our Noble Prophet (ṣ). There are many sayings and ḥadīth about Sayyidah Fāṭimah (ʿa) that tell us what kind of person she was, and that show her characteristics. In one such ḥadīth, Prophet Muḥammad (ṣ) says, "Fāṭimah is a part of me; whoever hurts her has hurt me, and whoever pleases her has pleased me."[1]

The Noble Prophet (ṣ) is telling us that his connection with Sayyidah Fāṭimah (ʿa) is much more than the biological connection of a father and daughter. He is saying that her character, piety, and closeness to Allah (swt) is the same as his own, and she was promoting his message through her actions. It was to the point that her happiness made the Prophet (ṣ) happy, and her pain was the Prophet's pain as well.

Sadly, there were those who did not recognize this great status of Sayyidah Fāṭimah (ʿa), and they instead caused her a lot of pain. The physical and emotional tragedies she faced were very severe, and they took place just days after Prophet Muḥammad (ṣ) had passed. These tragedies have continued with the destruction of Jannatul Baqīʿ, and the restriction in visiting the graves. Today, we will make a craft that shows her closeness to the Noble Prophet (ṣ), even after death.

1 Biḥār al-Anwār, Vol. 43, Hadīth #170; Saḥīḥ al-Bukhārī, P. 684, Hadīth #3767.

Jannatul Baqīʿ Triorama

Suggested Ages: 5+

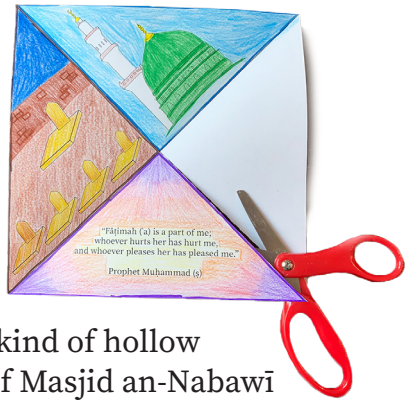
Time: 40 minutes

Materials:

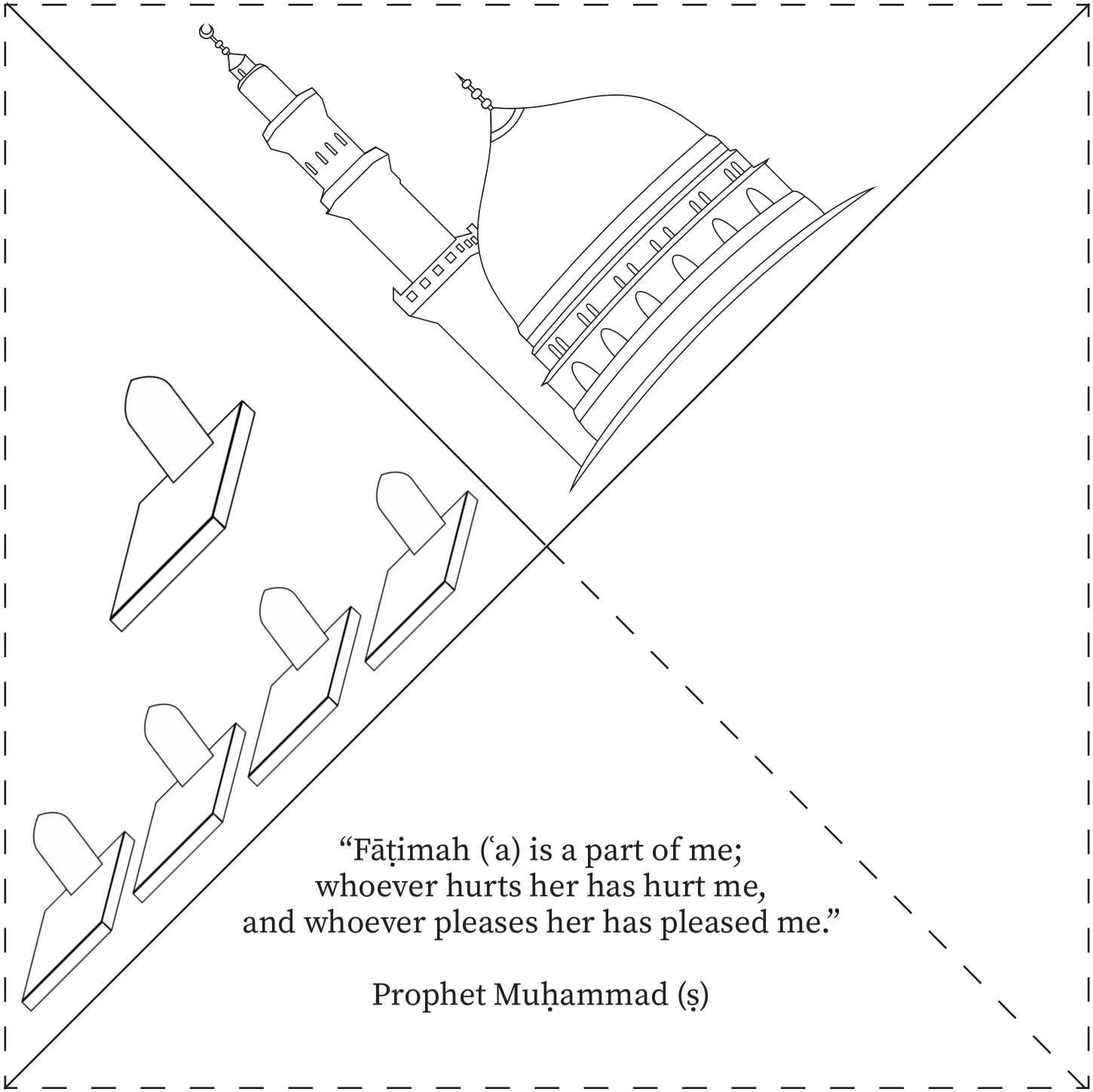
- Triorama template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color and decorate the pictures however you like.
2. Cut out the square all along the outer edges.
3. Fold the square in half diagonally. Open the fold.
4. Then, fold the square in half again, diagonally along the other line. Open the fold.
5. Cut along the dotted line that goes diagonally halfway across the square and ends at the middle. Be sure not to cut all the way across.



6. Now, bring the triangle with ḥadīth over the blank triangle and glue it. This should make a kind of hollow pyramid with the two pictures of Masjid an-Nabawī and Jannatul Baqīʿ facing you.



“Fāṭimah (ʿa) is a part of me;
whoever hurts her has hurt me,
and whoever pleases her has pleased me.”

Prophet Muḥammad (ṣ)

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The Best Example

Objective: Children will learn some titles of Sayyidah Fāṭimah (ʿa) and how they can follow her example.

The Days of Sayyidah Fāṭimah (ʿa) continue, and we are learning about her each day in order to understand her better and build a strong connection with her. We have discussed the status of Sayyidah Fāṭimah (ʿa), as told by the Noble Prophet (ṣ), and one of her titles. Let's take a look at some more of her titles and see how we can follow her example.

Prophet Muḥammad (ṣ) has said, "Fāṭimah is the leader of the women of the world."[1] This tells us that she is the best role model for all Muslims, particularly Muslim women. We can see some of her characteristics through the meanings of her titles:

- Ṣiddiqah: the truthful. Sayyidah Fāṭimah (ʿa) not only spoke the truth, but stood up for the truth when others tried to cover it with falsehood. It is very important to be honest and to always tell the truth.
- ʿĀbidah: the one who worships. Worshiping and remembering Allah (swt) is a foundational part of being a Muslim, and Sayyidah Fāṭimah (ʿa) was the most pious woman.
- Marḍiyyah: the one who Allah (swt) is pleased with. This means that her actions and character were such that Allah (swt) was always pleased with her. Wouldn't we like Allah (swt) to be pleased with us?

These are just a few titles of Sayyidah Fāṭimah (ʿa), and of course, all of the Ahlul Bayt (ʿa) had these characteristics as well. Let us learn a few more and come up with ways that we can adopt these great qualities.

1 Biḥār al-Anwār, Vol. 35, P. 45.

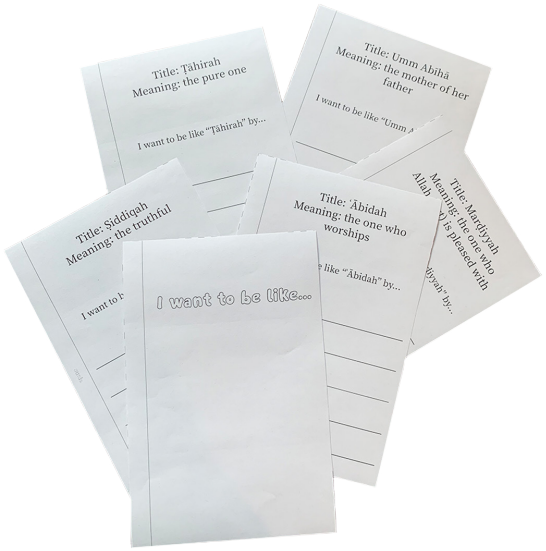
"I want to be like..." Booklet

Suggested Ages: 5+

Time: 40 minutes

Materials:

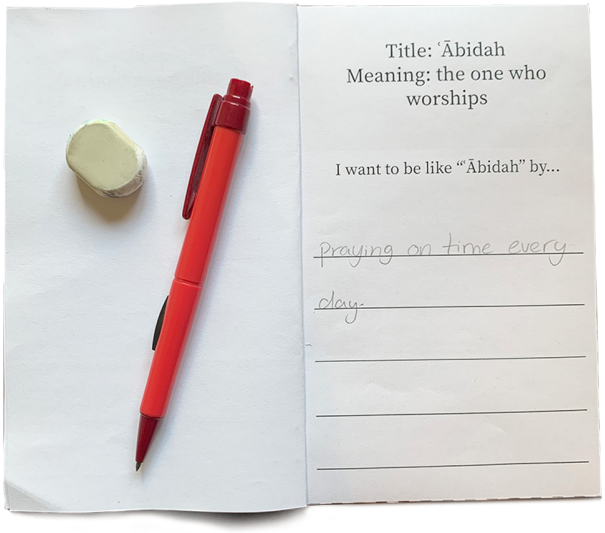
- Booklet template
- Pen/pencil
- Crayons/colored pencils
- Scissors
- Stapler/glue

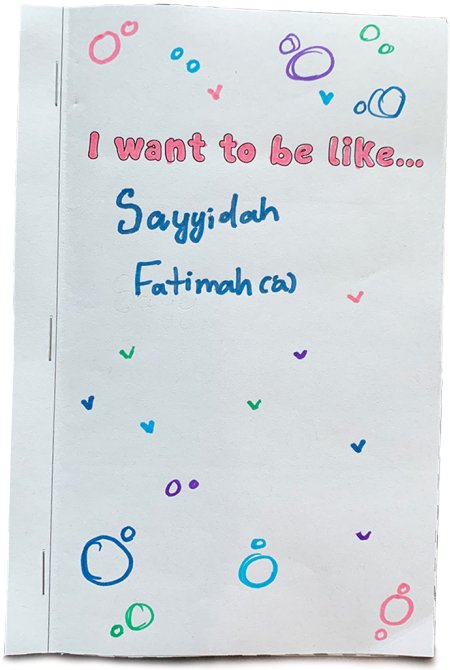


Procedure:

1. Cut all along the outer dotted edge on all pages 3 of the template. Then cut along the dotted line dividing each page in half. This should make 6 pages of the book.
2. Stack each page on top of each other, with the cover on the top.
3. Staple or glue along the spine of the pages to keep them together, making a booklet.
4. Color and decorate the cover page. Write “Sayyidah Fāṭimah (ʿa)” to complete the title.
5. On each page, write how you can show that specific characteristic of Sayyidah Fāṭimah (ʿa) through your actions.
6. Finish coloring and decorating the booklet however you like.

Craft inspired by [Teaching Young Muslims]





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I want to be like...

spine

Title: Ṣiddiqah
Meaning: the truthful

I can be truthful by...

_____

_____

_____

_____

_____

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spine

Title: ʿĀbidah
Meaning: the one who worships

I can worship Allah (swt) by...

spine

Title: Rāḍiyah
Meaning: the content one

I can be content by...

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spine

Title: Marḍiyyah
Meaning: the one who Allah (swt) is pleased with

I can please Allah (swt) by...

spine

Title: Umm Abīhā
Meaning: the mother of her father

I can be kind to my parents by...

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An Abundance of Good

Objective: Children will learn about Sayyidah Fatimah's wilādah, and the significance of Sūrah al-Kawthar.

There was a time when Prophet Muḥammad (ṣ) did not have any children. Everyone used to make fun of the Prophet (ṣ) and they would call him ʾabtar, which means "cut off," because he didn't have any children to carry on his family. When Sayyidah Fāṭimah (ʿa) was born on the 20th of Jumādā al-Ukhrā, Allah (swt) revealed Sūrah al-Kawthar. Kawthar means "abundance" or "plenty." The Noble Prophet (ṣ) has also said it is a stream in heaven, especially for the believers. This sūrah was Allah's promise to Prophet Muḥammad (ṣ) that his progeny would grow to an abundance while the enemies of the Prophet (ṣ) will be ʾabtar (cut off).

The promise of Allah (swt) was certainly true. The disbelievers thought the name of the Prophet (ṣ) would be forgotten, yet 1,400 years later, the Noble Prophet (ṣ) is still remembered and loved. We hear the name of Prophet Muḥammad (ṣ) all around the world, in adhān, during ṣalāh, and in ṣalawāt.

Sayyidah Fāṭimah (ʿa) was a gift at a time when girls were being buried alive and there was no respect for women. Allah's gift to the Prophet (ṣ) was Sayyidah Fāṭimah (ʿa)! She was the kawthar, the abundance, from which we have our Imāms and Ahlul Bayt (ʿa), the best progeny and family. Today, we will make a craft that shows us the abundance of blessings that came from Sayyidah Fāṭimah (ʿa).

River of Abundance Craft

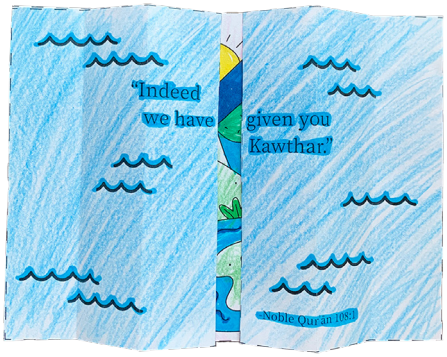
Suggested Ages: 5+

Time: 40 minutes

Materials:

- River template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:



1. Color and decorate the pictures however you like.
2. Cut out the 2 rectangles by cutting all along the outer dotted lines.
3. Take the one with the words on it and cut in half along the dotted line.
4. Fold each half lengthwise accordion style, making 3 sections on each.
5. Glue each half on top of the other rectangle piece where it says "glue here". Be sure the words on the 2 halves are matching up.
6. When the folds are open it should say "Indeed we have given you Kawthar" and when the folds are folded back, it should reveal the images and the name "Fāṭimah (ʿa)."

glue here

glue here

“Indeed
we have given you
Kawthar.”

-Noble Qurʾān 108:1

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Mother's Day

Objective: Children will learn about appreciating parents, especially mothers, and learning one way to pray for them.

Parents are an extremely vital part of our lives. They are our foundation, shelter, support, and much more. Mothers are especially important because they are our nurturers, and without them we would not even be here. What is the best way to appreciate our mothers and fathers? There is a special duʿāʾ in the Noble Qurʾān: Rabbir-ḥamhumā kamā rabbayānī ṣaghīrā. This means "My Lord! Have mercy on them both [my parents] just like they took care of me when I was little."[1] In this duʿāʾ, we are praying for Allah (swt) to bestow His mercy on our parents just as they had when we were young and depended on them. What a beautiful duʿāʾ!

Sayyidah Fāṭimah (ʿa) was the best mother in the whole world! She was the mother of two of our Imāms, Imām Ḥasan (ʿa) and Imām Ḥusayn (ʿa), as well as Lady Zaynab and Lady Kulthum. One of her beautiful titles is Umm Abīhā, which means "the mother of her father." She loved and cared for her father, Prophet Muḥammad (ṣ), just like a mother takes care of her child. The Prophet (ṣ) is a mercy for everyone, and Sayyidah Fāṭimah (ʿa) was a mercy for him—so she is like a mother for all of us too. In remembrance of our mother Sayyidah Fāṭimah's wilādah, we are going to make a special Mother's Day card.

1 Noble Qurʾān, Sūrah al-Isrāʾ (17), Verse 24.

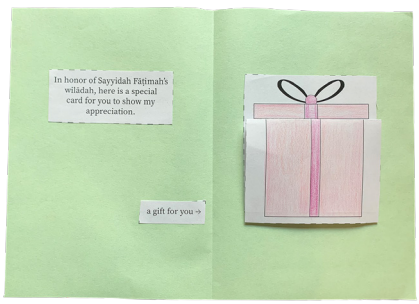
Mother's Day Card

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Card template
- Construction paper (any color)
- Crayons/colored pencils/ markers
- Scissors
- Glue

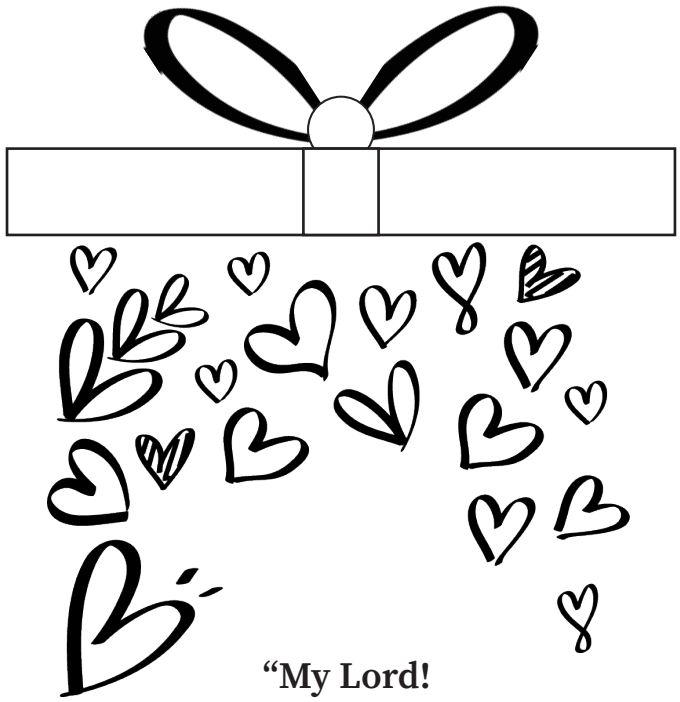


Procedure:

1. Color and decorate the gift image of the template however you like.
2. Cut out the pieces of the card by cutting along the dotted outer edges.
3. Take the gift image and fold along the solid line going through the words
4. Then, open that fold and fold along the solid line below the hearts. The bottom half of the gift box should be showing.
5. When both folds are folded, it should look like a closed gift box.
6. Now take the construction paper and fold in half widthwise to make a card.
7. On the inside, glue the back of the closed gift to the right side and the card message on the left.
8. Finish decorating the card however you like.

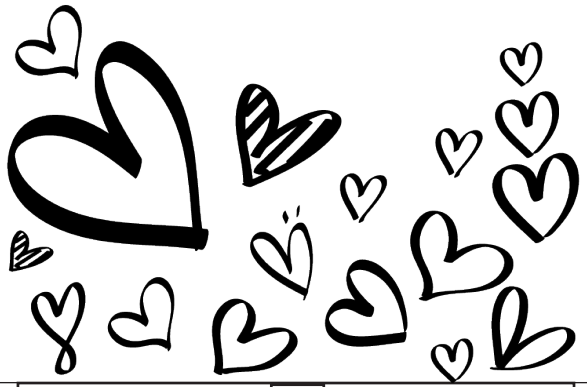
a gift for you →

In honor of Sayyidah Fāṭimah's wilādah, here is a special card for you to show my appreciation.



"My Lord!
Have mercy on them
both, as they did care for
me when I was little."

-Noble Qurʾān 17:24



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AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY